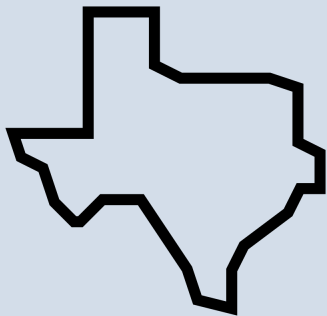


The Wellness Incentive and Navigation (WIN) Intervention Improved Health-Related Quality of Life (HRQOL) Among Medicaid Enrollees

Data Sources: Texas telephone survey data (2013-2016) + CMS claims data

Texas Medicaid Managed Care for Enrollees with Disabilities



1,259 participants

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Standard Care

WIN Intervention



Flexible wellness accounts



Navigator services using Motivational Interviewing to identify health risks and wellness goals

WIN Intervention Arm improvement in:



patient activation



increased HRQOL

Conclusion:

Providing navigator support with wellness accounts improves HRQOL among Medicaid enrollees